

Knocking Down Barriers

***“Keep on asking and it will be given you; keep on seeking and you will find; keep on knocking [reverently] and [the door] will be opened to you. For everyone who keeps on asking receives; and he who keeps on seeking finds; and to him who keeps on knocking, [the door] will be opened.”—
Matthew 7:7-8(AMPC)***

List three self-imposed barriers/habits you want to break.
Then write counter statement or Scripture that you will recite each time
you are tempted.

1. _____

2. _____

3. _____
