

# *Committing to Prayer*

**"...pray without ceasing..."—1 Thessalonians 5:17(NKJV)**

To be successful, you must make a commitment. Personally, I have always had a hard time committing to prayer on a daily basis. I believe many of us do. Most of us know that "prayer changes things", so why are we not doing it?

Understanding that obedience is better than sacrifice, I now get up 15-30 minutes each morning to pray. I got into this habit thanks to my "My Commitment to Prayer" self-start page. So that I won't feel overwhelmed, I begin this process of daily prayer slowly by committing to pray at 6 o'clock am each day for 15 minutes for the next seven days. I progressed at my own pace, adding seven days, each time. Prayer has become a habit. A daily way of life.

It may feel a bit uncomfortable to start. What I did was subscribe to a 365-devotional app that gave me a Scripture and commentary each day. If you're open to giving it a shot, the app is a great way to jump-start your prayer routine.

Commit to daily prayer and watch what God reveals to you!

